

Sample Sunday Lunch Menu

Starters

Broccoli and Pumpkin Seed Soup

**Grilled Courgettes, Cherry Tomato, Chicken and Butternut Squash Salad
with Sunflower Seeds and Red Pepper Dressing**

Portobello Mushroom, Goats Cheese Risotto with Balsamic Glaze

Smoked Salmon Roulade with Prawn Mousse, Capers and Homemade Brown Bread

Main Courses

**Chargrilled Fillet of Beef Medallions with Roasted Tomato, Sauté Mushrooms and Onions,
Skinny Chips and Pepper Sauce**

**Salmon, Shrimp and Mediterranean Roasted Vegetable Tagliatelle
with a Creamy Wine Sauce and Parmesan Cheese**

Three Hour Slow Roasted Half Duck with Sweetcorn Mashed Potato and Gin Orange Sauce

All Main Courses are Served with Fresh Market Vegetables

Our Beef is 100% Irish

Desserts

Sticky Toffee Pudding

Vanilla Crème Brulee with Berry Compote

Raspberry and White Chocolate Roulade

All Desserts are Served with Vanilla Ice Cream

Two Course Menu - €27.00 per person

Three Course Menu - €37.00 per person